

# Health Professionals Workshop

## CME & CNE Credit Available!

*Come learn about the oldest and longest neglected environmental health threats in the Sierra Nevada region: Mercury in fish; and arsenic, lead and other heavy metals in dust around abandoned mines.*



Reclaiming the Sierra  
Green \$olutions to Abandoned Mines

May 3-5, 2012 Nevada City, Calif.  
a project of THE SIERRA FUND

Workshop Sponsor: Sierra Health Foundation

**WHAT:** A half-day workshop focused on the human health impacts of mercury in fish, and what regional health professionals can do to inform their patients.

The first hour of the workshop will be eligible for a maximum of 1.0 AMA PRA Category I Credits<sup>TM</sup> or 1.2 contact hours for nurses. This hour-long training provides a background on how mercury gets into water bodies and into the fish people eat. Participants will learn how to identify at risk patients, how to advise patients to reduce mercury in their bodies, and receive an overview of the wide variety of symptoms of mercury exposure. Provide information on your registration if you need a CME or CNE certificate for this workshop.

The workshop will also include:

- Information on state-issued safe eating guidelines for fish from Sierra water ways.
- New research on exposure of residents in the Sierra region to mercury in fish, and other environmental health threats.
- Presentation from Dr. Tony DeRiggi (Physicians for Social Responsibility, Sacramento Chapter) on the **Pediatric Environmental Health Toolkit**, a combination of easy-to-use reference guides for health providers and user friendly health education materials on preventing exposures to toxic chemicals and other substances that affect infant and child health. The Toolkit is endorsed by the American Academy of Pediatrics.

**WHEN:** Thursday, May 3, 2012,  
starting at 1:00 PM

**WHERE:** Reclaiming the Sierra Conference  
Nevada City, California

**COSTS:** \$40 for Health Professionals  
Workshop ONLY

\$75 for all workshops on Thurs, May 3  
\$195 full Reclaiming the Sierra registration

- Although this workshop is targeted to medical professionals, anyone may attend
- **Pre-Registration is required.**
- Full and partial scholarships are available for Reclaiming the Sierra registration fees



For more information and to register: [www.reclaimingthesierra.org/conference](http://www.reclaimingthesierra.org/conference)

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